



# ***TEWKESBURY*** ***HALF MARATHON & 10K***

## **RACE DAY GUIDE**





SWEATY BETTY



SKECHERS

Zizzi

20% off for tables up to 6 people for medal wearers

Race day only. Max table of 6.

SWEATY BETTY

15% off for bib & medal wearers

Race day only. Excludes sale items.



20% off for bib & medal wearers

Race day only. Excludes sale items.

THE BODY SHOP

Free goody bag for the first 20 runners

Race day only. Subject to availability.

★ PRET A MANGER ★

Free barista-made hot or cold drink for medal wearers

Race day only. Barista made drinks only.



# Free Park & Ride

Leave your car with us at Cotswolds Designer Outlet and ride our free shuttle bus to the Race Village



COTSWOLDS  
DESIGNER OUTLET

📍 400m from J9 of the M5  
Platinum Drive, Tewkesbury, GL20 7FY

FIVE GUYS

KNEAD

Zizzi

wagamama

★ PRET A MANGER ★



# Join the team that protects those who protect us

At PentenAmio, we focus on solving complex digital challenges that others avoid.

When you join our team you'll be empowered to think creatively, entrusted to explore bravely, and driven to deliver ingenious solutions that protect our way of life.

See our Tewkesbury roles:  
[PentenAmio.com/Careers](https://PentenAmio.com/Careers)





# INTRODUCTION

TEWKESBURY HALF MARATHON & 10K 2026



# **TEWKESBURY** **HALF MARATHON & 10K** **2026**

Join hundreds of runners at what promises to become one of England's must-run spring events.

Starting and finishing in the heart of Tewkesbury town centre, these fully closed-road routes offer a unique opportunity to run through historic streets, past iconic local landmarks, and through the beautiful Gloucestershire countryside.

The Half Marathon gets underway at 9:00 AM, followed by the 10K at 9:15 AM, creating a fantastic race-day atmosphere from the very start.

Whether you're taking on your first 10K, stepping up to the Half Marathon, or chasing a new personal best, this event is for everyone.

# PRE - RACE

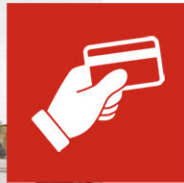




## EAT & HYDRATE

IT'S SO IMPORTANT TO PREP BEFORE YOUR RACE. EAT AND HYDRATE WELL THE EVENING BEFORE AND ON THE MORNING BEFORE YOUR RACE.

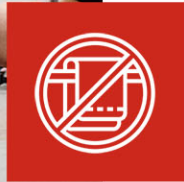
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## BRING A CARD

WE HAVE A RANGE OF MERCHANDISE AND FOOD OPTIONS AT ALL OUR EVENTS.

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## NO SENTIMENTAL ITEMS

WE SUGGEST YOU LEAVE ANY VALUABLE OR SENTIMENTAL ITEMS AT HOME OR IN THE CAR.

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## BRING EXTRAS

IT'S ALWAYS GOOD TO BE PREPARED. BRING A COUPLE OF DIFFERENT OUTFITS SO YOU CAN CHANGE TO THE BEST SUITED.



# EVENT SCHEDULE

# APRIL 12, 2026

**7:00 AM**

EVENT VILLAGE OPENS

**8:00 AM**

ROAD CLOSURES BEGIN

**8:30 AM**

STARTING PENS OPEN

**9:00 AM**

START OF THE HALF MARATHON

**9:15 AM**

START OF THE 10K

**9:48 AM**

FIRST 10K MALE FINISHER EXPECTED

**9:52 AM**

FIRST 10K FEMALE FINISHER EXPECTED

**10:10 AM**

FIRST HALF MARATHON MALE FINISHER EXPECTED

**10:22 AM**

FIRST HALF MARATHON FEMALE FINISHER EXPECTED

**10:45 AM**

WINNERS PRESENTATION TAKES PLACE

**1:30 PM**

LAST RUNNER EXPECTED

**2:00 PM**

ROADS REOPEN





# RACE DAY INFO





### ARRIVE 1:30 HOUR EARLY

PLAN TO ARRIVE MINIMUM 1 HOUR EARLY, THIS GIVES YOU TIME TO REGISTER, EAT, HYDRATE AND WARM UP.



### START LINE

WE'LL KEEP EVERYONE INFORMED OVER OUR P.A SYSTEM FOR WHEN IT'S TIME TO MAKE YOUR WAY TO THE START LINE.



### HELP EACH OTHER

IF THERE IS ANYONE WHO NEEDS AID, INFORM THE NEAREST MARSHAL AND WE'LL SEND OUR TEAM TO HELP.



### WE RECOMMEND PARKING AT

THE COTSWOLD DESIGNER OUTLET, WHERE A FREE SHUTTLE BUS SERVICE WILL BE AVAILABLE TO TRANSPORT RUNNERS TO AND FROM THE EVENT SITE.



### RACE BIB

ATTACH THE RACE BIB TO YOUR FRONT USING SAFETY PINS. MAKE SURE YOU DON'T COVER YOUR NUMBER AT ANY TIME DURING THE RACE



### DO NOT LITTER

PLEASE DON'T LITTER AT ANY TIME. YOU CAN BE DISQUALIFIED FOR LITTERING ON COURSE. CARRY ANY RUBBISH TO THE NEAREST MARSHAL.



### RESPECT THE VOLUNTEERS



**ELIXR**  
ENERGY

**PEACH &  
RASPBERRY**



LIGHTLY SPARKLING ENERGY DRINK WITH  
CAFFEINE, AMINO ACIDS, VITAMINS B3, B6  
& B12 & SWEETENERS

SUGAR FREE | NATURAL FLAVOURS  
330 ml

**ELIXR**  
ENERGY

**ELIXR**  
ENERGY

# EVENT PARKING

& B12 & SWEETENERS  
SUGAR FREE | NATURAL FLAVOURS  
330 ml

SUGAR FREE | NATURAL FLAVOURS  
330 ml

## Main Event Parking

All participants are advised to park at the Cotswold Designer Outlet, where a free shuttle bus service will operate to and from the event village throughout the day.

Please follow event signage and marshal instructions on arrival.

## Alternative Town Centre Car Parks

If you choose to park within Tewkesbury, the following public car parks are available:

- Spring Gardens Car Park
- Oldbury Road Car Park
- Gloucester Road Car Park
- Gander Lane Car Park
- Vineyards Car Park

**Important:** Due to road closures, you must be parked before 8:00 AM. After this time, access to many car parks will be restricted or unavailable until roads reopen.

To explore additional parking options and plan ahead, we recommend using Parkopedia.

## Sustainable Travel

We encourage sustainable travel wherever possible:

- Use public transport
- Lift share with friends or fellow runners
- Cycle or walk if you live locally

Help reduce congestion and minimise your environmental impact.

## Road Closure

Road closures will be in place from 8:00 AM. Please plan your journey in advance and allow extra time for travel.

## No Parking Zones

Parking is strictly prohibited in designated restricted areas along the route and within the town centre.

Vehicles parked in restricted zones may be subject to enforcement action.

## Local Residents

### If you live nearby:

- Walk to the start line where possible
- Car share with family, friends, or neighbours

## Accommodation in Tewkesbury

If you're planning to stay locally, Tewkesbury offers a range of accommodation options, including hotels, guesthouses, and self-catering properties.

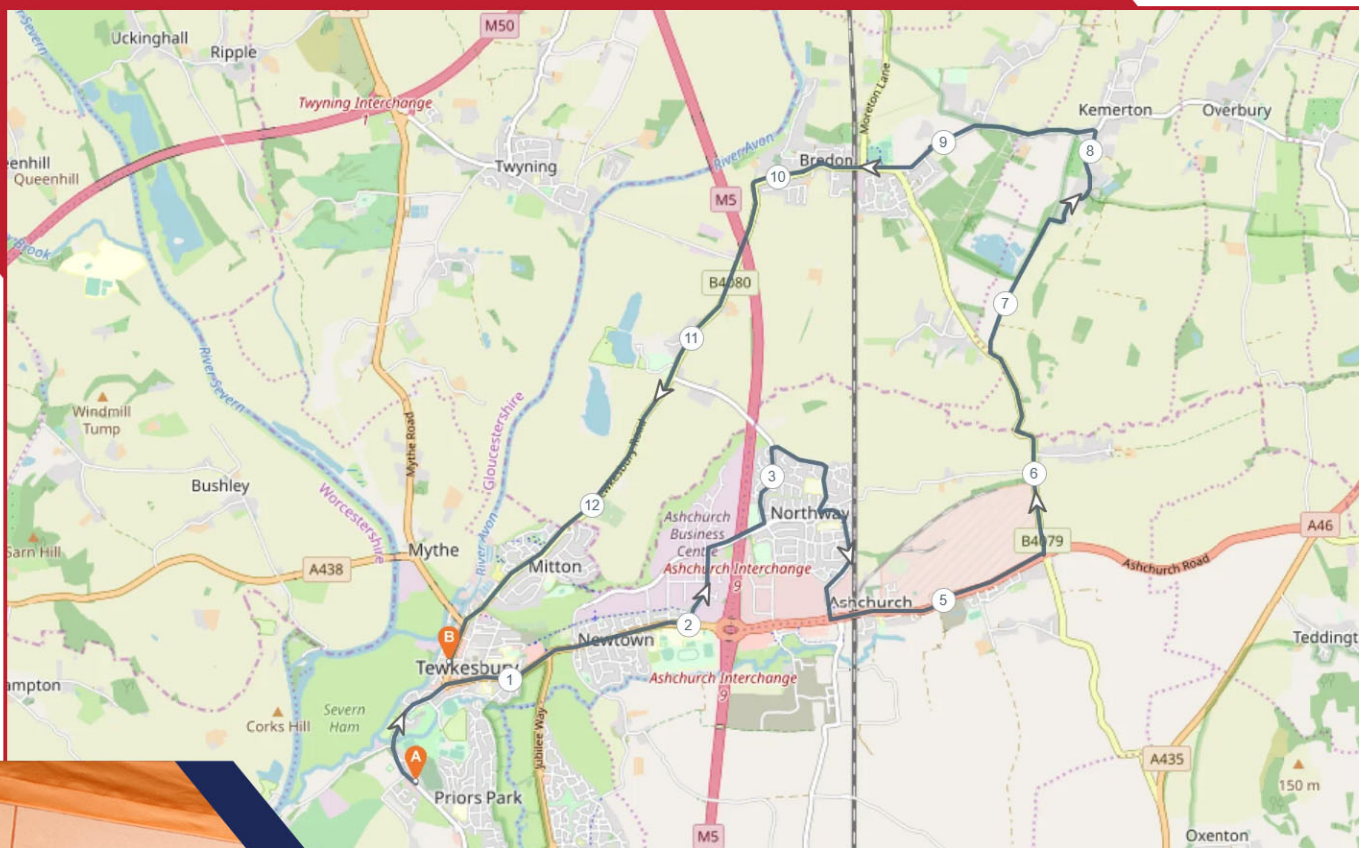




# RACE ROUTE

THE FLEET  
SOUTH WEST ROAD RUNNERS  
GLOUCESTER  
JESSE  
MONTY  
JACK  
ROYAL

# HALF MARATHON



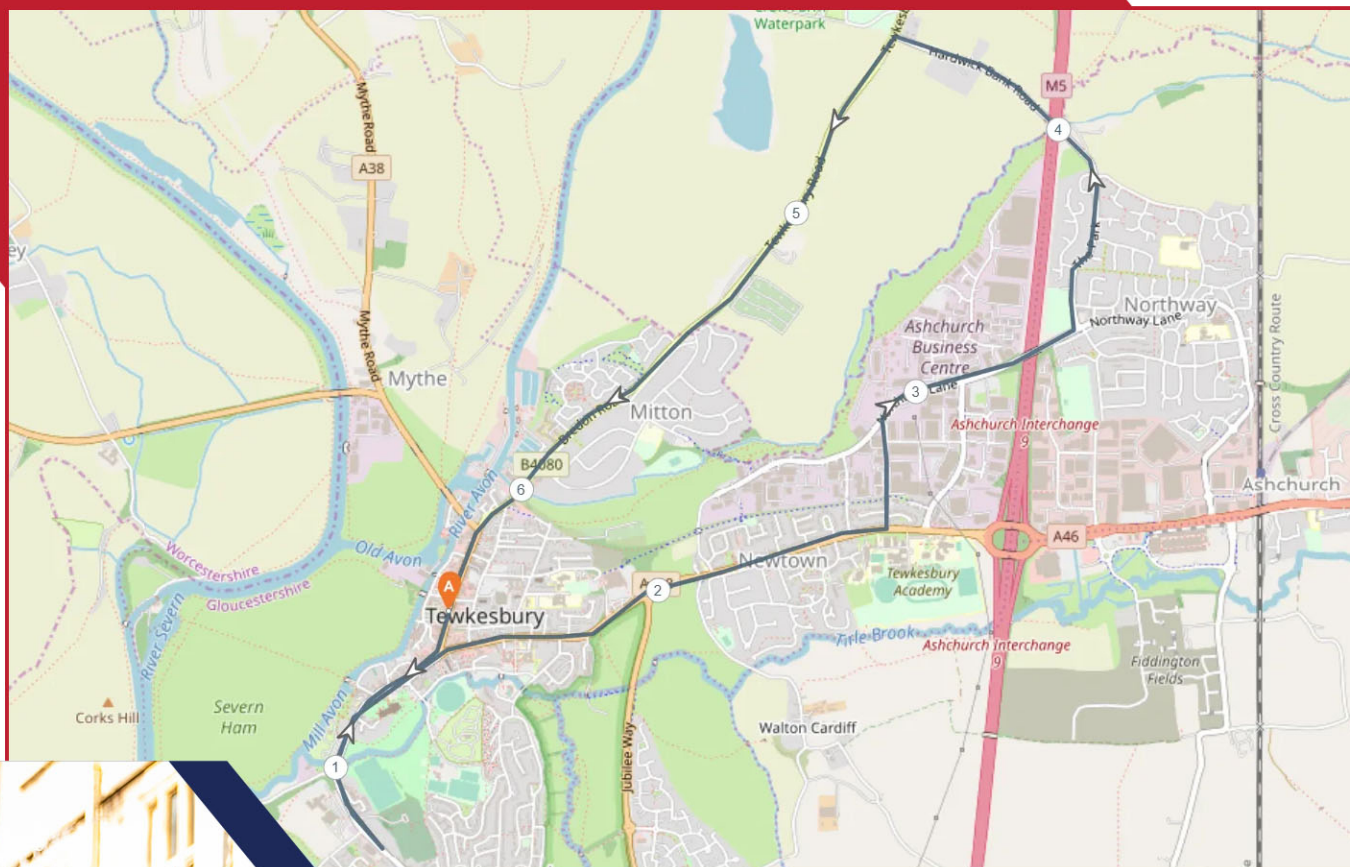
The Tewkesbury Half Marathon starts and finishes on Tewkesbury High Street, providing a fantastic route through the surrounding area.

Runners will follow the same initial route as the 10K before the courses split at Hardwick Back Road. Please pay close attention to event signage and follow instructions from marshals to ensure you remain on the correct route.

A key section of the Half Marathon runs alongside the A46. For your safety, all runners must stay on the designated bike path at all times during this stretch.

With a well-marked course and excellent marshal support throughout, the Tewkesbury Half Marathon offers a rewarding challenge for runners of all abilities.

# 10K ROUTE



The Tewkesbury 10K starts and finishes on Tewkesbury High Street, delivering a fast and enjoyable route suitable for all levels of runner.

The route follows the same course as the Half Marathon in the early stages before splitting at Hardwick Back Road. 10K runners should ensure they follow the correct signage and listen to marshals at this point.

With clear course markings and strong on-the-day support, the Tewkesbury 10K is perfect whether you're chasing a personal best or taking on your first race.



**START AREA**



The races will begin at 9:00 AM (Half Marathon) and 9:15 AM (10K). All participants must arrive at the venue by 8:30 AM.

Unfortunately, late arrivals will not be permitted to take part in the event.

There are no allocated start pens. Please seed yourself appropriately according to your estimated finish time, with faster runners towards the front and slower runners towards the back.

Please listen carefully for all race announcements.



# MEDICAL CONDITION & ASSISTANCE



If you did not tell us about a medical condition when you registered, or if you have received a new diagnosis since registering that we should be aware of, please let us know as soon as possible.

If you need medical assistance during the run, stop, rest, and inform the nearest volunteer, or ask another runner to inform them on your behalf.

Medical stations will be located along the route and at the finish line.



# YOUR RACE NO.



Your race number, baggage tag, timing chip, and safety pins have been posted to you. Your timing chip is already attached to the back of your race number.

You **MUST** secure your race number to the front of your t-shirt or vest. Your timing chip will activate as you cross the start line, so don't worry if others start ahead of you.

Important: Without a race number, you cannot participate in the race.

If you lose or forget your race number, a limited number of spares will be available at the Information Point on race day. Replacement cost is £10 (cash only).

Do not wear someone else's race number. You must also complete the medical details on the reverse of your race number.



**FUTURE<sup>TM</sup>**  
SPORTS EVENTS